



ALLERGEN GUIDE

FOOD

MAINAW26AM

Main Menu																												
	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
SMALL PLATES																												
Burrata & antipasti	yes	yes	yes	yes	may	may	may	no	may	no	no	may	yes	no	-	-	-	-	-	-	-	-	no	no	may	no	no	no
Corn Ribs	no	-	-	-	-	-	-	no	no	no	may	no	no	may	-	-	-	-	-	-	-	-	no	no	yes	no	no	no
Okra Fries	may	may	may	may	may	may	may	no	no	no	no	no	no	no	-	-	-	-	-	-	-	-	may	yes	no	no	no	no
King prawn dippers	no	-	-	-	-	-	-	yes	no	no	-	yes	yes	-	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Buttermilk Chicken Tenders	yes	yes	-	-	-	-	-	no	may	no	may	may	yes	no	-	-	-	-	-	-	-	-	may	may	no	may	no	no
Chicken pincho skewers	no	-	-	-	-	-	-	no	no	no	no	no	yes	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Beef quesadilla	may	may	-	-	-	-	-	no	may	may	may	may	yes	may	-	-	-	-	-	-	-	-	may	no	no	may	no	no
Pigs in blankets	no	-	-	-	-	-	-	no	no	no	no	no	no	no	-	-	-	-	-	-	-	-	no	no	no	yes	no	no
Mini camembert	yes	yes	yes	yes	may	may	may	no	may	no	no	may	yes	no	-	-	-	-	-	-	-	-	no	no	may	no	no	no
BIG PLATES																												
Burrata & tomato salad	no	-	-	-	-	-	-	no	no	no	no	no	yes	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Chicken Sandwich	yes	yes	may	may	may	may	may	no	yes	no	may	may	yes	no	-	-	-	-	-	-	-	-	may	yes	may	may	no	no
Blackened salmon tacos	no	-	-	-	-	-	-	no	no	yes	no	no	no	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Raclette burger	yes	yes	may	may	may	may	may	no	may	no	no	yes	yes	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Proper Hamburger	yes	yes	may	may	may	may	may	no	may	no	no	yes	may	no	-	-	-	-	-	-	-	-	no	yes	no	no	no	no
Bacon Cheeseburger	yes	yes	may	may	may	may	may	no	may	no	no	yes	yes	no	-	-	-	-	-	-	-	-	no	yes	no	no	no	no
Plant burger	yes	yes	yes	yes	may	may	may	no	may	no	no	yes	may	no	-	-	-	-	-	-	-	-	no	yes	no	may	no	no
FLATBREADS																												
Confit garlic & fresh herbs flatbread	yes	yes	-	-	-	-	-	no	no	no	no	yes	no	no	-	-	-	-	-	-	-	-	no	no	may	no	no	no
Slow cooked tomatoes & red pesto flatbread	yes	yes	-	-	-	-	-	no	no	no	no	yes	no	no	-	-	-	-	-	-	-	-	no	no	may	no	no	no
Grilled chicken & harissa flatbread	yes	yes	-	-	-	-	-	no	no	no	no	yes	yes	no	-	-	-	-	-	-	-	-	no	no	may	no	no	no
Double pepperoni & chilli maple dressing flatbread	yes	yes	-	-	-	yes	-	no	no	no	no	yes	yes	no	-	-	-	-	-	-	-	-	no	no	may	no	no	no
Chicken & Stuffing Flatbread	yes	yes	-	-	-	-	-	no	no	no	no	yes	yes	no	-	-	-	-	-	-	-	-	no	no	may	yes	no	no
Beef rib & chimichurri dressing flatbread	yes	yes	-	-	-	-	-	no	may	may	may	yes	yes	may	-	-	-	-	-	-	-	-	may	no	may	may	no	no
Smoked salmon & citrus creme fraiche flatbread	yes	yes	-	-	-	-	-	no	no	yes	no	yes	yes	no	-	-	-	-	-	-	-	-	no	no	may	no	no	no
Add Superstrachia	no	-	-	-	-	-	-	no	no	no	no	yes	no	no	-	-	-	-	-	-	-	-	no	no	no			

Main Menu																												
	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Sides																												
Fries	no	-	-	-	-	-	-	no	no	no	no	no	no	no	-	-	-	-	-	-	-	-	yes	no	no	no	no	no
Truffle Fries	no	-	-	-	-	-	-	no	no	no	no	no	no	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Shredded beef Fries	may	may	-	-	-	-	-	no	may	may	may	yes	yes	may	-	-	-	-	-	-	-	-	may	no	no	may	no	no
Currywurst Party Fries	may	may	may	may	may	may	may	no	no	no	no	yes	no	no	-	-	-	-	-	-	-	-	yes	yes	no	no	no	no
Mac & cheese	yes	yes	-	-	-	-	-	no	no	no	no	yes	yes	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Proper onion rings	no	-	-	-	-	-	-	no	no	no	no	no	no	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Green salad	no	-	-	-	-	-	-	no	no	no	no	no	no	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Guacamole & Corn Chips	no	-	-	-	-	-	-	no	no	no	no	no	no	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Dip - Confit Garlic mayo	no	-	-	-	-	-	-	no	no	no	no	no	no	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Dip - Fermented Chilli mayo	no	-	-	-	-	-	-	no	no	no	no	no	no	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Dip - Green Herb Ranch	no	-	-	-	-	-	-	no	no	no	no	no	yes	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Dip - Sweet BBQ	no	-	-	-	-	-	-	no	no	no	no	no	no	no	-	-	-	-	-	-	-	-	yes	no	no	no	no	no
Desserts																												
Knickerbocker glory	no	-	-	-	-	-	-	no	yes	no	no	no	yes	no	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Perfect - melt brownie	may	may	-	-	-	-	-	no	yes	no	no	yes	yes	no	-	-	-	-	-	-	-	-	no	may	may	no	no	no
Platters																												
Platter - Classic Main	yes	yes	-	-	-	-	-	yes	may	no	may	yes	yes	no	-	-	-	-	-	-	-	-	may	may	may	may	no	no
Platter - Veggie Main	yes	yes	may	may	may	may	may	no	no	no	may	yes	no	yes	may	may	yes	may	may	may	may	may	may	yes	yes	no	no	no
Platter - Festive Main	yes	yes	yes	yes	may	may	may	no	may	no	may	yes	yes	no	-	-	-	-	-	-	-	-	yes	yes	may	yes	no	no
Platter - Mixed Main	yes	yes	-	-	-	-	-	no	may	may	may	yes	yes	may	-	-	-	-	-	-	-	-	may	may	yes	may	no	no
Platter - No Gluten Main	may	may	-	-	-	-	-	no	may	may	may	may	yes	may	-	-	-	-	-	-	-	-	may	no	yes	may	no	no
Bar Snacks																												
Giant Corn	no	-	-	-	-	-	-	no	no	no	-	no	no	-	-	-	-	-	-	-	-	-	no	no	no	no	no	no
Spicy Snack Mix	yes	yes	-	-	-	-	-	no	no	no	may	yes	no	may	may	may	may	may	may	may	may	may	no	may	may	no	no	no
Vegan Dark Choc Popcorn	no	-	-	-	-	-	-	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Vegan Salt Caramel Popcorn	no	-	-	-	-	-	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no