



**ALLERGEN
GUIDE
FOOD**

MAINS26AM

MAIN MENU

	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs		
SMALL PLATES																														
Buttermilk Chicken Tenders	yes	yes	-	-	-	-	-	no	may	no	no	may	yes	no	no	no	no	no	no	no	no	no	no	may	may	no	may	no	no	
Corn Ribs	no	-	-	-	-	-	-	no	no	no	may	no	no	may	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	
Taquitos Beef	no	-	-	-	-	-	-	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Artichoke Chips	no	-	-	-	-	-	-	no	no	no	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Grilled King Prawns	no	-	-	-	-	-	-	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Wings - Buffalo	no	-	-	-	-	-	-	no	no	no	-	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Wings - Maple Sriracha	no	-	-	-	-	-	-	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Wings - Smokey BBQ	no	-	-	-	-	-	-	no	no	no	-	yes	no	no	no	no	no	no	no	no	no	no	no	yes	yes	no	yes	no	no	
Wings - Sticky Korean	no	-	-	-	-	-	-	no	no	no	may	yes	no	-	-	-	-	-	-	-	-	-	no	no	yes	no	no	no	no	
Queso Fundido	no	-	-	-	-	-	-	no	no	no	-	yes	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Add Guacamole	no	-	-	-	-	-	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Burrata & antipasti	yes	yes	yes	yes	may	may	may	no	may	no	no	may	yes	no	no	no	no	no	no	no	no	no	no	no	no	may	no	no	no	
BIG PLATES																														
Burrata & tomato salad	no	-	-	-	-	-	-	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Chicken Sandwich	yes	yes	may	may	may	may	may	no	yes	no	may	may	yes	no	no	no	no	no	no	no	no	no	no	may	yes	may	may	no	no	
Blackened salmon tacos	no	-	-	-	-	-	-	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Deluxe Beef Burger	yes	yes	may	may	may	may	may	no	may	no	-	yes	may	no	no	no	no	no	no	no	no	no	no	yes	no	yes	no	no	no	
Proper Hamburger	yes	yes	may	may	may	may	may	no	may	no	no	yes	may	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	
Bacon Cheeseburger	yes	yes	may	may	may	may	may	no	may	no	no	yes	yes	no	no	no	no	no	no	no	no	no	no	yes	no	no	no	no	no	
Plant burger	yes	yes	yes	yes	may	may	may	no	may	no	no	yes	may	no	no	no	no	no	no	no	no	no	no	yes	no	may	no	no	no	
FLATBREADS																														
Confit garlic & fresh herbs flatbread	yes	yes	-	-	-	-	-	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	may	no	no	no	
Slow cooked tomatoes & red pesto flatbread	yes	yes	-	-	-	-	-	no	no	no	may	yes	no	yes	may	may	yes	may	may	may	may	may	no	no	may	no	no	no	no	
BBQ Chicken Flatbread	yes	yes	-	-	-	-	-	no	no	no	no	yes	yes	no	no	no	no	no	no	no	no	no	yes	yes	may	yes	no	no	no	
Grilled chicken & harissa flatbread	yes	yes	-	-	-	-	-	no	no	no	-	yes	yes	no	no	no	no	no	no	no	no	no	no	no	may	no	no	no	no	
Double pepperoni & chilli maple dressing flatbread	yes	yes	-	-	-	yes	-	no	no	no	-	yes	yes	no	no	no	no	no	no	no	no	no	no	no	may	no	no	no	no	
Spiced Beef Flabread	yes	yes	-	-	-	-	-	no	no	no	-	yes	yes	no	no	no	no	no	no	no	no	no	no	yes	may	yes	no	no	no	

MAIN MENU

	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	
SIDES																													
House Fries	no	-	-	-	-	-	-	no	no	no	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Angry House Fries	no	-	-	-	-	-	-	no	no	no	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Tex Mex Fries	no	-	-	-	-	-	-	no	no	no	-	yes	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Mac & cheese	yes	yes	-	-	-	-	-	no	no	no	-	yes	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Proper onion rings	no	-	-	-	-	-	-	no	no	no	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Green salad	no	-	-	-	-	-	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Guacamole & Corn Chips	no	-	-	-	-	-	-	no	no	no	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Confit Garlic Mayo Dip	no	-	-	-	-	-	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Green Herb Ranch Dip	no	-	-	-	-	-	-	no	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Smokey BBQ Dip	no	-	-	-	-	-	-	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	yes	yes	no	yes	no	no	
Fermented Chilli Mayo Dip	no	-	-	-	-	-	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
DESSERTS																													
Knickerbocker glory	no	-	-	-	-	-	-	no	yes	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Perfect - melt brownie	may	may	-	-	-	-	-	no	yes	no	no	yes	yes	no	no	no	no	no	no	no	no	no	no	may	may	no	no	no	
PLATTERS																													
Platter - Classic Main	yes	yes	-	-	-	-	-	yes	may	no	-	yes	yes	no	no	no	no	no	no	no	no	no	no	may	may	may	may	no	no
Platter - Mixed Main	yes	yes	-	-	-	-	-	no	may	no	may	yes	yes	may	no	no	no	no	no	no	no	no	no	may	may	yes	may	no	no
Platter - Veggie Main	yes	yes	-	-	-	-	-	no	no	no	may	yes	no	yes	may	may	yes	may	may	may	may	may	no	no	yes	no	no	no	
Platter - No Gluten Main	no	-	-	-	-	-	-	yes	no	no	-	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Platter 1kg Wings Buffalo	no	-	-	-	-	-	-	no	no	no	-	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Platter 1kg Wings Maple Sriracha	no	-	-	-	-	-	-	no	no	no	-	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Platter 1kg Wings Smokey BBQ	no	-	-	-	-	-	-	no	no	no	-	yes	no	no	no	no	no	no	no	no	no	no	yes	yes	no	yes	no	no	
Platter 1kg Wings Sticky Korean	no	-	-	-	-	-	-	no	no	no	-	no	no	no	no	no	no	no	no	no	no	no	no	yes	no	yes	no	no	
BAR SNACKS																													
Giant Corn	no	-	-	-	-	-	-	no	no	no	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Spicy Snack Mix	yes	yes	-	-	-	-	-	no	no	no	may	yes	no	may	may	may	may	may	may	may	may	may	no	may	may	no	no	no	
Gordal Olives	no	-	-	-	-	-	-	no	no	no	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Vegan Dark Choc Popcorn	no	-	-	-	-	-	-	no	no	no	no	yes	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
Vegan Salt Caramel Popcorn	no	-	-	-	-	-	-	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	no	